

Serving the  
downtown  
community  
since 1919



**Come celebrate  
the Reformation**

on Sunday,  
October 28th, at  
4:00 pm in the  
sanctuary. Rev.  
Shawn Boylan, a  
Lutheran Bible  
Translators'  
missionary to  
Namibia, will be  
our guest speaker.  
We'll once again  
celebrate after the  
service with a  
great German  
meal and  
entertainment.  
Invite your friends!

Published Monthly

Trinity Evangelical  
Lutheran Church  
of Orlando, Florida  
123 E. Livingston Street  
Orlando, FL 32801-1598

# Trinity Downtown

TRINITY EVANGELICAL LUTHERAN CHURCH AND SCHOOL

WWW.TRINITYDOWNTOWN.ORG

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October 2007

## Pastor's Page

### Reform What?

For 490 year Lutherans have been celebrating "The Reformation" at the end of every October. If this is just a commemoration of an historic event, you'd think we'd be over it by now! On the other hand, if it's a reminder that the church is in constant need of reform, shouldn't we have it right after nearly 5 centuries?

I don't know about you, but I really do like to get things right and have them stay that way. Or maybe I should say, I'd really like someday to get something right and have it stay that way! Do you know what I mean?

For example, I'd like to buy a car and have it provide me with reliable and economical transportation from now on! I guess I'm too

cheap to get excited about buying a new car every couple of years—I'd rather send all that money to missions in Macau!

I feel the same way about my cell phone, my computer, my audio and video equipment, etc. Yes, I understand the excitement of new, but I just don't have the time to shop, to hassle with warranty issues, or to learn new procedures.

Unfortunately, all that stuff wears out! It needs to be replaced, and we're stuck with adjusting to the new.

But more than all the stuff, wouldn't you love it if we could just get our relationships right and keep them that way? Take the parent/child relationship—wouldn't it be wonderful to figure out your child's best communication process

by Pastor Jeff Moore

and then be able to clearly share ideas without misinterpretation for the rest of your life? It doesn't work that way, of course. There comes that day when you're trying to help your own parents figure out whether to sell the family home and move into assisted living, while at the same time adjusting to your child who has recently married and is struggling with their spouse, and all the things you used to think were working suddenly don't!

God and His Church have some things pretty well down pat forever—Jesus as Savior comes to mind, among others! But the task of reaching new generations and other cultures continues to present new challenges. Yes, it's true that Solomon said, "There's

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## Pastor's Page, continued from page 1

nothing new under the sun," but it's also true that these old challenges are new to this generation.

Pastor Charlie Mueller often talks about the success that the Lutheran Church had in the U.S. meeting the boats of the German and Scandinavian immigrants—but one day those boats stopped coming, and the immigrants now speak Spanish or African or Asian languages.

Once we knew how to minister to families with the father working and the mother caring for the children at home, but now that arrangement is considered a luxury rather than the norm. Once the church had little money, but tons of volunteers with spare time. Now we have relatively more money (though we're certainly not rolling in it!) but our volunteers are squeezed for time, and retirees perhaps more than younger people!

Reformation in 1517 meant opening up God's Word to a world full of people who had never heard it, even though they were technically members of the church. Down through the centuries since it has meant many things—sometimes a dead orthodoxy needed

to be enlivened, sometimes a fervor needed grounding in true teaching. Today reformation may very well mean that the Church needs to find a way to cut through all the wrong impressions that people have about us and demonstrate that Christ's love really is alive and well among us.

One thing's for sure—even after 490 years of the Reformation, and nearly 2,000 years of proclaiming the name of Jesus, God's church still can't rest. There are billions of people who need to hear that precious name, and learn what it means for them. We who have come to know the love of God in Christ, whose sins are forgiven, who are looking forward with certain hope to everlasting life with God in heaven, cannot ever stop looking for ways to draw others close where the Holy Spirit of God will gather them into the Church!

Come celebrate the Reformation on Sunday, October 28th, at 4:00 pm in the sanctuary. Rev. Shawn Boylan, a Lutheran Bible Translators' missionary to Namibia, will be our guest speaker. We'll once again celebrate after the service with a great German meal and entertainment. Invite your friends!

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## Thanks To The Light

*"When Jesus spoke again to the people, he said "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."*

*-John 8:12-*

In thinking about writing this newsletter article I knew I wanted to say "thanks" to all of you for your support during my four years as Trinity's Executive Director. But where to start?

I have been unbelievably blessed to work

by Sandy Ogg, Trinity Executive Director

with wonderful leaders in ministry – from our Executive Board, to all our board directors and board members. I owe them a huge debt of gratitude. Their individual gifts, expertise, and spirituality made the challenge of being Executive Director a blessing in my life. When we faced what seemed the depths of frustration and darkness, we all gathered round and prayed together for guidance and wisdom. God's Holy Spirit always surrounded us and provided direction. It just doesn't get any better than that.

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## Thanks To The Light, continued from page 2

Likewise, I was blessed by all of you – from the smallest baby to the oldest members. You have prayed for our ministry. You have shown your support in many, many ways too numerous to list. You have been the glue that holds us together. You are the People of God.

Thanks, too, to our called ministers, teachers, office staff, childcare workers, and support staff. They are at Trinity every day working to provide pastoral guidance, Christian education, nurture for our children, administrative support, and beauty for our campus.

BUT, our best blessing, help and support has come from The Light.

The above Bible verse is our son's confirmation verse. Not being confirmed as a young adult in the Lutheran Church [some of us really do come to Lutheranism as adults (:>)], I have dared to be bold and claim it as my own. What I find so awesome in this verse is that Jesus in effect tells us that because He is the Light that when we, as His followers, reflect the light that comes from Him, then we too are “the light of the world.” How cool is that?! It reminds me of the song, “This Little

Light of Mine” and the words: “I'm going to let it shine!” Hopefully, in some measure I have succeeded.

The Light goes on. The torch is passed. Trinity has a new Executive Director, Wren Aber, who will put his own stamp on our congregation as he lets his light shine out for Christ. He has wonderful ideas and energy to move Trinity forward. He is truly a servant for Jesus. I know you will give him the same quality of support and love that you have given me.

I'm now taking my part of Jesus' light and moving it on. My new “job” will be as Trinity's Director of the Board of School Ministries. I am excited and eager to add oil to my lamp and begin the work of lighting the way in our educational ministry.

Again, thanks to all of you for shining your lights on me. I am so proud to call all of you “my brothers and sisters in Christ.” You are my family, and

I love you!

Sandy

### PORTALS OF PRAYER

*Portals of Prayer*, daily devotional booklets, are available in the back of the church. Please take one. A limited number of large print editions are also available in the church office.

**“The Best Cup of  
Coffee in Town”  
Brought to You by  
Your Fellowship Board!  
Sundays 8:45-9:30 a.m.  
In the Fellowship Hall**

## A from Your Music Director

by Lisa Moore, Music Director

### Reformation Celebration

Sunday, October 28th, 4:00 p.m.  
Worship service with area Lutherans  
Speaker – Rev. Boylan, LBT missionary to  
Namibia, Africa  
Mass adult choir, brass, Sunday school  
children and our school Cherub choir  
German meal and German music  
Kid's activities

*Tickets available from the church office*

\$8:00 adults

\$5:00 children

### Our School Hymn of the Month

*"A Mighty Fortress is Our God"*

Composer and author: Martin Luther, 1483-1546

"This hymn is no outpouring of subjective religious lyric feeling but application of promises of God's inspired Scriptures to the needs and struggles of the Church. Its integrity and strength flow from the genuine faith with which Luther grasps the ancient promises of God and from the power with which this fusion of faith to the divine Word of grace arms the singer with Christ's victory."  
*F. Samuel Janzow*

### School Children's Choirs learn and teach the Order of Morning Prayer (LSB p. 235)

Morning Prayer is a historic and beautiful form of worship with origins tracing back to the observance by the Jews of the third, sixth, and ninth hours of the day (counting from sunrise) as hours of prayer. Early Christians were

exhorted to come regularly to church in the early morning and evening of each day. Monastic communities increased the number of services, remembering the words of the psalmist, "Seven times a day do I praise Thee" (Ps. 119:164). Thus the every three hour services of Matins, Lauds, Prime, Terce, Sext, None, Compline, and Vespers. The Children's Choirs will be leading us in this service every time they sing this year.

**The Balcony** is a great place to be on Sunday mornings! And the church basement is the place to be on Wednesday nights for choir at 7:30 p.m. !!

### Singing Schedule

*October 7th* - LWML Sunday

8:00 Choristers & Carillon

*October 14th*

8:00 Women's Choir

11:00 Men's Choir (rehearse at 10:30)

*October 21st*

8:00 Parish Choir and Bells

11:00 Carol Choir

5:00 Concert at Our Savior

*October 28th*

11:00 Parish Choir and Bells

4:00 Parish Choir and Bells

Sunday School

Cherub Choir

### EMAIL ADDRESS?

Do you have an email address that you have not turned in to the church office? Please email or call in your new or updated email address to the church office, [tlc@trinitydowntown.org](mailto:tlc@trinitydowntown.org).

## A Servant's Heart

I When I was a child, October represented more than leaves turning gold, red, and bright yellow. The unique smell of a campfire and anticipation of sticky s'mores, and crisp sweatshirt weather were merely appetizers for the real excitement associated with October. As a child, dressing up in costume for the school parade and our neighborhood evening walk, receiving a bag full of candy, coins and good times on "All Hallows Eve" was the highlight of the season. The ancient historical significance (both pagan and Christian) of this day was outside my young mind. I only considered it a time of creativity and fun. Because I was privileged to attend Lutheran schools, Martin Luther and the Reformation teachings were also an October experience. I learned Luther's story - the lightning storm; the prayer to St. Anne; law school to religious training; "revolutionary" teaching and debate - but, I never really understood the bravery of Luther's stand for the truth of Christ's sacrifice and God's mercy until God granted me the opportunity to study ancient church history and the Lutheran doctrine. The dark ages were times of ignorance and superstition. Trust in the Holy Spirit had faded into worship and fear of nether world spirits. God was seen as a stern, unyielding judge who demands perfect allegiance and obedience with mercy only for those who are worthy in accordance to the statues and decrees of the church. The power of Satan running amok was as camouflaged then as it is today. Celebrating halloween with trick-or-treating in my child's mind was simply scary costumes that covered my true identity and guaranteed a bag full of chocolate bars and candy corn.

While some may say children should be protected from frightening devil talk, the truth is evil spirits are very real and powerful and

by Liz Borth, Deaconess

Satan's easiest catch is the person who ignores him. Luther recognized this reality as well as the comfort and assurance from God when he wrote in his large catechism: "as long as we remain in this wretched life where we are pursued, hounded, and harried on all sides, we must pray every hour that God would not allow us to become faint and weary and to fall back into sin, shame, and unbelief. God gives us the power and strength to resist temptation." Jesus came to earth and became man especially to defeat Satan and curtail his power over those who trust God. Just recall how Jesus cast out many demons with a single word. I sometimes envision Jesus' encounters with the evil spirits as if He were brushing off a pesky fly or mosquito. While I speak of the very real presence of evil spirits, I also remind you of the folly in trying to fight temptation by yourself, for then you simply give the devil entry into your heart. Just as a spider can find a little opening in even the most palatial mansion to enter in and build it's web, Satan does the same thing with your heart. Jesus teaches us to get our house in order and sweep it clean, but to make sure it is occupied by the Holy Spirit. In Matthew 12 Jesus says when the house is unoccupied, the evil spirit will bring "seven other spirits more wicked than itself" to live there. Martin Luther's 16th century words express the amazing protection and love we are given through faith in Christ Jesus: Even though all the world is filled with devils eager to devour us, we are not afraid and fear no ill for they shall not overpower us! This world's prince may still scowl fierce as he will, but he cannot harm us, for he is judged; the deed is done and sin's debt is paid through God's act of redemption in Jesus Christ. use an old time school phrase. However, every day each of us have an opportunity to begin

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## **A Servant's Heart**, continued from page 5

afresh with a clean slate. All this because Jesus wiped the errors away. We are new creatures in Christ and by His blood are we connected to God. Because He forgives us for much more transgression than any we will ever give or receive, how can we not forgive each other? The boy in the little story did not hear the gift of

Grace each one of us experiences. You receive comfort in the knowledge that no matter how many times we fail, our God forgives us and binds the wound, for Jesus bore the wounds for us. May each of you be blessed today with a fresh start and a clean slate.

## **Women's Ministry Opportunities**

by Liz Borth, Deaconess

On the second Thursday of every month, all women are invited to join the Bunco party! This social evening is filled with talk, laughter, food and fun. No special skill is needed to play. Gather in the fellowship hall at 6:30 p.m. for food and drink. Games begin at 6:45 p.m. and continue until 8:30 p.m. when we end for prizes and cleanup. You will be heading home by 8:45 p.m. It is two hours a month just for you! Come join the fun October 11 and bring a friend. If your birthday falls on an odd date, bring a snack, dessert, or drink to share. If your birthday falls on an even date, bring a gift for the Russell Home. The Russell Home is home for a number of children whose handicap prevents their independent functioning in the community and provides around the clock specialized care in a home-like atmosphere. Some of the children's parents are deceased, some have been deserted by their parents. The home needs general consumable cleaning supplies as well as personal care items for the boys and girls, and is always in need of food items such as Boost or Ensure, lunch size bottled water, large canned fruit and soups, cereal, juice and so much more. They will also accept grocery store gift cards. While we have fun, we also recognize an opportunity to show Christian love and concern by serving those in need in our community.

I am looking for three or four ladies who will

join me in planning a Women's Spiritual Retreat for late January. We can plan a one-day gathering or make it an overnight off-site get away. This will be a time for spiritual renewal and focus on our unique role as Christian women. God has given us special gifts and responsibilities as female. Let's explore them together. Contact Deaconess Liz - 407-422-5704 X 127 or [eborth@trinitydowntown.org](mailto:eborth@trinitydowntown.org).

Are you interested in sharing Jesus?

For several years, Trinity has sponsored a float in the Orlando Christmas (yes, they still title it appropriately!) Parade. Last year, we also entered the float in the Winter Park Parade and won a prize!! In order to continue this tradition and present the truth of Christmas, we need help. Please volunteer one or two Saturdays in November and one in December to put the float together. Call Deaconess Liz or the church office (407-422-5704) to sign up for any time between 8:30 and noon Saturdays November 10 or 17 and Friday November 23.

If you cannot work on the float, you CAN purchase a Christmas ornament to help off-set the cost of decorating it. This year offers a new design featuring the steeple star. Ornaments will be available for immediate purchase near the end of October or the first of November. Cost is \$10.00 with cash or check made payable to Trinity Lutheran Church, memo: Christmas float.

## Stephen Ministry

### STEPHEN MINISTRY



"And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless until the day of Christ." Philippians 1:9,10

Trinity chose the Stephen Ministry in response to God's love and Jesus' command – "Love one another as I have loved you." (John 15:12) Stephen Ministers answer this call in a special way by "being there" for people in crisis or people who need a Christian presence amid the struggles of life. Stephen Ministers bring Jesus' love to those who need to hear it by listening, being there, and ministering through Christian resources such as prayer, blessing, and sharing Scripture.

Question: In what ways has Stephen Ministry helped me be a better witness?

Answer given by a current Stephen Minister: "Our class studies offered a lot of useful information in healing others. My confidence has grown and I feel more comfortable sharing the Lord's words. My fellow Stephen Ministry

group members have shared quite a bit and we have grown together in God's love."

Trinity's current group of Stephen Ministers will complete their two year commitment in November. We hope to begin another Stephen Ministry class in January 2008. To that end we ask you to pray that God would call those whom He has blessed with the gifts of compassion, patience, faith, mercy and encouragement to consider this ministry of service. Watch for an informational meeting to be held in early December.

Care Notes - booklets of encouragement can be found near the church's front entrance. There are several titles available to "take care and take to share".

Prayer: O Lord Jesus, when you looked out at the crowds of people, you had compassion because they were harassed and helpless, like sheep without a shepherd. You prayed to your Father to send laborers out into the field. Guide us now as we look for people willing to train and serve as Stephen Ministers. Help those with the gifts for this ministry to hear your calling and step forward, so that we may reach those among us who need Your encouraging Word. In your name and by the power of your Spirit, we pray. Amen.

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## Do you have a flag that needs to be retired?

My name is Christopher Crowell from Boy Scout Troop 283. I am working on my Eagle project. Eagle is the highest rank a Boy Scout can achieve. To attain this high honor I require your services. I am collecting flags that are in need of retirement (i.e.: torn, tattered, faded or dirty) for Post 4287 of the VFW (Veterans of Foreign Wars). My goal is to collect 250 flags. These flags will be retired on Veterans Day (November 11, 2007) at the VFW Post.

You will find a flag collection box in the Narthex. Please bring in your American flags, State flags and/or Military flags (all branches) that are in need of retirement. I am also hosting a flag

collection day at VFW Post 4287 (3500 Goldenrod Road, Orlando, FL 328022) on Saturday October 27, 2007 from 10 am to 2 pm. Or, you can send flags directly to the Post at: VFW Post 4287, 3500 Goldenrod Road, Orlando, FL 328022, Attn: Chris Crowell/Mr Wood.

Thank you for your time and consideration. Thank you for supporting Boy Scouts of American and VFW Post 4287. If you have any donations or further questions please contact me at 407-896-7977.

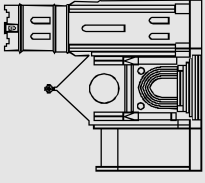
Yours in Scouting, Christopher Crowell

# October 2007

# Trinity Downtown

## TRINITY EVANGELICAL LUTHERAN CHURCH AND SCHOOL

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Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
<p>7:30pm 9:00pm Roby Bible Group (Roby Home)</p> <p>7:00pm 9:15pm AIC (M201) 7:00pm 8:30pm Womens Bible Study (Moore Residence)</p>	<p>7:00pm 9:15pm AIC (M201) 7:00pm 8:30pm Womens Bible Study (Moore Residence)</p> <p>7:00pm 9:15pm AIC (M201) 7:00pm 8:30pm Womens Bible Study (Moore Residence)</p> <p>7:30pm 9:00pm Public Relations Board Meeting (M115)</p>	<p>7:00am 8:30am Men's Bible Study-Christ the King (OC)</p> <p>7:30am 11:30am Life/Touch picture day for CDC and School (S110/S111)</p> <p>10:00am 12:00pm Lutheran Haven Bible Study</p> <p>6:30pm 7:30pm Bells Practice (S100b)</p> <p>7:00pm 9:00pm Wed Men's Basketball (S111)</p> <p>7:00pm 8:30pm HS Youth Group (M201)</p> <p>7:30pm 8:45pm Choir Practice (S100b)</p>	<p>6:15am 7:45am Men's Prayer Breakfast (City Diner)</p> <p>9:00am 12:30pm Quilters (M201)</p> <p>1:30pm 6:00pm Uniform Sale 2:30-5:30pm (S110)</p> <p>6:00pm 7:00pm Scouts Den 1. (S107)</p> <p>7:00pm 9:00pm Stephen Ministry (M115)</p>	<p>7:30am 10:00pm Fall Book Fair/Friday evening event (S110/S111)</p> <p>7:00pm 10:00pm OLA Middle School Dance (OLA)</p>	<p>5:00pm 5:50pm Adult Bible Study (S110)</p> <p>6:00pm 7:00pm Saturday Worship (S100A)</p>
<p>7:00pm 9:00pm Human Care Board (S101a)</p> <p>7:00pm 9:00pm PTL Board Meeting (S101B)</p> <p>7:30pm 9:00pm Roby Bible Group (Roby Home)</p>	<p>7:00pm 9:15pm AIC (M201) 7:00pm 8:30pm Womens Bible Study (Moore Residence)</p> <p>7:30pm 9:00pm Public Relations Board Meeting (M115)</p>	<p>8:30am 5:30pm Fall Book Fair (S110/S111)</p> <p>10:00am 12:00pm Lutheran Haven Bible Study</p> <p>6:30pm 7:30pm Bells Practice (S100b)</p> <p>7:00pm 8:30pm HS Youth Group (M201)</p> <p>7:30pm 8:45pm Choir Practice (S100b)</p>	<p>6:15am 7:45am Men's Prayer Breakfast (City Diner)</p> <p>9:00am 12:30pm LWML Quilters (M201)</p> <p>6:30pm 8:30pm ALL Ladies Bunco (S110)</p>	<p>7:30am 10:00pm Fall Book Fair/Friday evening event (S110/S111)</p> <p>7:00pm 10:00pm OLA Middle School Dance (OLA)</p>	<p>5:00pm 5:50pm Adult Bible Study (S110)</p> <p>6:00pm 7:00pm Saturday Worship (S100A)</p>
<p>10:00am 11:00am Escape School Assembly for students and parents (S111)</p> <p>7:30pm 9:00pm Roby Bible Group-cancelled for this week and next (Roby Home)</p>	<p>6:00pm 9:00pm PTL sponsored Parent Meeting 7pm (S110)</p> <p>7:00pm 9:15pm AIC (M201) 7:00pm 8:30pm Womens Bible Study (Moore Residence)</p>	<p>7:00am 8:30am Men's Bible Study-Christ the King (OC)</p> <p>10:00am 12:00pm Lutheran Haven Bible Study</p> <p>6:30pm 7:30pm Bells Practice (S100b)</p> <p>7:00pm 8:30pm HS Youth Group (M201)</p> <p>7:30pm 8:45pm Choir Practice (S100b)</p>	<p>6:15am 7:45am Men's Prayer Breakfast (City Diner)</p> <p>9:00am 12:30pm LWML Quilters (M201)</p>	<p>7:00am 10:00pm Varsity Volleyball Tournament (S110/S111)</p> <p>5:00pm 5:50pm Adult Bible Study (S110)</p> <p>6:00pm 7:00pm Saturday Worship (S100A)</p>	<p>5:00pm 5:50pm Adult Bible Study (S110)</p> <p>6:00pm 7:00pm Saturday Worship (S100A)</p>
<p>7:00pm 8:30pm PFC Meeting (M201)</p> <p>7:30pm 9:00pm Roby Bible Group-cancelled tonight (Roby Home)</p>	<p>7:00pm 9:15pm AIC (M201) 7:00pm 8:30pm Womens Bible Study (Moore Residence)</p>	<p>10:00am 12:00pm Lutheran Haven Bible Study</p> <p>6:30pm 7:30pm Bells Practice (S100b)</p> <p>7:00pm 8:30pm HS Youth Group (M201)</p> <p>7:30pm 8:45pm Choir Practice (S100b)</p>	<p>6:15am 7:45am Men's Prayer Breakfast (City Diner)</p>	<p>Teacher Workday - NO SCHOOL</p> <p>7:00pm 8:00pm Bats in the Belfry (S100A)</p>	<p>7:00am 10:00pm Varsity Volleyball Tournament (S110/S111)</p> <p>5:00pm 5:50pm Adult Bible Study (S110)</p> <p>6:00pm 7:00pm Saturday Worship (S100A)</p>
<p>8:30pm 10:00pm Roby Bible Group (Roby Home)</p>	<p>7:00pm 9:15pm AIC (M201) 7:00pm 8:30pm Womens Bible Study (Moore Residence)</p>	<p>11:00am 1:00pm Lutheran Haven Bible Study</p> <p>6:30pm 7:30pm Bells Practice (S100b)</p> <p>7:00pm 8:30pm HS Youth Group (M201)</p> <p>7:30pm 8:45pm Choir Practice (S100b)</p>			<p>9:00am 10:15am Worship - Traditional (S100)</p> <p>9:30am 10:30am Trinity Sunday School (S102, S110)</p> <p>12:00pm 3:00pm Vietnamese Worship (S110)</p> <p>12:00pm 1:15pm Worship - Traditional (S100)</p> <p>More Items...</p>

# Those Who Serve for October 2007

Date	Time	Elders	Ushers	Readers	Acolytes	Nursery	Greeters
10/6/07	6:00 p.m.	Carl Fabry	Charles Hammack, Lenore Hammack	Donna Wegner	Olivia Levine, Matthew Spotorno		Tom & Rita Thomas
10/7/07	8:00 a.m.	Gary Schumacher	Clayton McCoy, Dave Wilson, Rodney Brown, Don Liesch, Bud Yeager	Kristine Zook	Evan Zook, Emma Kate Tesch		Mary Beth & Mark Brink
	9:30 a.m.	Mike Hofmann, Jeff Alexander	Lance Bell, Chuck Butterfield, Thea Butterfield, Jeff Alexander	Bruce Hahn	Sarah Seward, Thomas Foschini	Peggy Trapp	Shelly & Shyanne Aivarado
	11:00 a.m.	John Strandquest	Mike Trapp, Brendan O'Brien, Greg Ackerman, Darryl Kennedy	Wren Aber	Peter Hinton, Kevin Hinton	Barbara Ackerman	Jay Barfield & Mary Gene Carr
10/13/07	6:00 p.m.	Ken Grover	Thomas Finger, Terri Finger, Dick Eggert	Clay Brice	Cassy Crowell, Sarah Fabry		Ed & Darlene Sabin
10/14/07	8:00 a.m.	Vern Retzlaff	Glen Schumacher, Gary Schumacher, Jody Bowman, Carl Schroeder, Jim Jones, Dave Schernikau	Kelley Schumacher	Hallie Krzyzak, Jessie Schumacher		Angie Friedel
	9:30 a.m.	Lance Bell, Mike Kunze	Kent Wolfe, Linda Wolfe, Shane Kunze, Michael Kunze, Chantal Jost	Linda Wolters	Richard Ebert, Nathan Bond	Cathy Kane	Ken & Karen Anderson
	11:00 a.m.	Kevin Hinton	Cookie Abney, David Abney, Tony Ramiz, Martin Ramiz	Gretchen Knoblauch	Parker Lange, Vanessa Lange	Sarah & Anna Boogher	Gregg & Dardie Yawman
10/20/07	6:00 p.m.	Leo Nagy	Mike Schneider, Lori Stanley	Ed Schmidt	Matthew Spotorno, Annie Swinderman		Tom & Rita Thomas
10/21/07	8:00 a.m.	Daryl Gavin	David Wilkosz, Eric Oelschlager, Vern Retzlaff, Felix Hamilton, Marcus Hamilton,	Kae Retzlaff	Mikaela Hyder, Emma Kate Tesch		Glen & Beth Schumacher
	9:30 a.m.	Jeff Alexander, Mike Hofmann,	Bert Foschini, Shane Simonson, Wynona Boast	Ken Anderson	Sarah Seward, Thomas Foschini	Joni Emling	Bruce & Bonnie Hahn
	11:00 a.m.	Walt Wolters	Bill Wilson, Jr., Don Merrick, Carolyn Merrick, Larry Evanchyk, Chuck Boogher, Frank Gregorek	Brice Beier	Kaitlyn Beier, Alexandra Stewart	Julia Cameron	Martha Phantz & Amy Dittmer
10/27/07	6:00 p.m.	Rocky Smothers	Paul Schmidt, Ed Schmidt	Gayle Cavaretta	John Michael Bell, Stephanie Hohman		Ed & Darlene Sabin
10/28/07	8:00 a.m.	David Wilkosz	Lo Phillips, Joyce Phillips, Wendy Churchville, Tommie Smothers, Craig Neubauer, Gary Oakley	Wynona Boast	Lea Wilson, Joanie Gavin		Dave & Becky Schernikau
	9:30 a.m.	Mike Kunze, Lance Bell	Brent Killinger, Peter Killinger	Patti Rawlings	Tyler Killinger, Spencer Cotton	Mary Hohman	Lisa Harris, Karen Seward
	11:00 a.m.	Gregg Yawman	David Fritz, Bob Short, Linda Short, Richard Berkley, Betty Berkley	Liz Borth	Merika Emery, Ethan Emery	Sandra Sweatt	Jim & Jane Congrove

**Altar Guild for October:** Jean Camichos, Mary Beth Brink, Atha Curnutt, Patsy Fabry, Marietta Hinton, DiAnn Starr

## “Dear Soldier“

Maj. Ron Cohen (son of Jules & Elizabeth Cohen) is serving again in Iraq, stationed in at Ballad for 17 months. He is making a library for the soldiers there. If anyone has any books, Bibles, National Geographic, Readers Digest, etc. and is able to donate to this library, please bring them to the Church, a box will be provided in the narthex or bring them to the School office.

Ron says there are many soldiers who get little or no mail at all. If anyone would like to write a letter to "Dear Soldier" with encouragement or just something chatty, or send a card, he will see to it they are distributed. You can sign your name or just as "a member of Trinity

Lutheran Church, Orlando." It will be especially nice if any cards are sent during the holidays. Kids, this would be a great time to show off your artist talents, draw a picture or make a card to send to them.

If anybody remembers Ron personally and wants to send him a letter, he'd like that, too! Ron is a graduate from Trinity Lutheran School.

Please bring those cards, letters and notes to the Church Office, School Office or the box provided in the Church narthex....and don't forget those books

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## Thankful For Everyone's Prayers. . .

Friends and Family here at Trinity, we are very thankful for everyone's prayers and concerns for Peter and Beth Prochnow and the twins. Joanna Grace went to be with Jesus at birth, and was laid to rest on Monday, Sept. 10th at St. Luke's Lutheran Cemetery, near her grandfather, Ron. Natalie Elise is gaining weight, almost 4lbs. and praise God, doing very well.

Regarding the inquiries for memorials for JoAnna Grace Prochnow, Jean Prochnow's granddaughter; Peter and Beth have decided they should go to:

Friends of Jesus Preschool  
Zion Lutheran Church  
2122 Bronson Blvd.  
Kalamazoo, Michigan 49008

Thanks so much.  
Blessings,  
Jean Prochnow

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## October Readings

**October 7th, 2007**-LWML Sunday  
*Nineteenth Sunday after Pentecost*  
**First Lesson:** Hab. 1:1-4; 2:1-4  
**Second Lesson:** 2 Tim. 1:1-14  
**Gospel:** Luke 17:1-10  
**Psalm:** Psalm 62

**October 14th, 2007**  
*Twentieth Sunday after Pentecost*  
**First Lesson:** Ruth 1:1-19a  
**Second Lesson:** 2 Tim. 2:1-13  
**Gospel:** Luke 17:11-19  
**Psalm:** Psalm 111

**October 21st, 2007**  
*Twenty-First Sunday after Pentecost*  
**First Lesson:** Gen. 32:22-30  
**Second Lesson:** 2 Tim. 3:14-4:5  
**Gospel:** Luke 18:1-8  
**Psalm:** Psalm 121

**October 28th, 2007**  
*Reformation Day (October 31)*  
**First Lesson:** Rev. 14:6-7  
**Second Lesson:** Rom. 3:19-28  
**Gospel:** John 8:31-36 or Matt. 11:12-19  
**Psalm:** Psalm 46

## Prayer List

*In order for the Triune prayer list to be up to date and functional, we have started to date the prayer requests and put them in a rotation. After three weeks of prayer, we will automatically take off that particular prayer. If you want us to continue the prayer, call the Church Office and request the prayer be put back on the prayer list for another three-week rotation. The prayer list of the monthly newsletter will consist of prayers that are longer term. If there are any changes on the list below or if you would like them in the Triune prayer list for three weeks, call the Church Office, 407-422-5704, or email [tlc@trinitydowntown.org](mailto:tlc@trinitydowntown.org).*

### During the Month of September we prayed for:

#### Prayers for Health Concerns

Health Concerns	Mike & Paulette
Trace Grant	Hamberger
Naomi Lasater	Rowland Heaton
Claire Lee	Jim Hillyard
Sylvia McKnight	Sam Hoard
Sam Posey	Lynn Hoctor
Warner Blackwood	Jennifer Hohenstern
Pam Koenig	Tony Hughes
David Retzlaff	Pete & Erin Imlah
Patricia McCall	Kevin Kane
Martin Ramiz	Janet Keller
Krista Blakesley	Irie Kensler
Brian Clemens	Pam Koenig
Eddie Dello Russo	Inez Kupsy
Gretche Arias	Amy & Madison
Sharon Anthony	Kushnir - Helman
Janice Bailes	Helen Lerner
Mary Bell	Kathy Levey
Helen Bentley	Charles Levey
Emily Berry	Sydna Lowndes
Lois Blair	Don Mack
Grace Brice	Paul Mielke
Derek Bruno	Betty Moss
Dr. Robert Cade	Emma Neal
Jean Camichos	Donna Prillaman
Allison Carey	Natalie Elise Prochnow
Kathy Codd	Dewey Ramsby
Tina Collyer	Irene Reynolds
Scott Davis	Beverly Rieck
Luella Demlow	Robin Roby
Joy Fortunato	Judy Russell
Andrew Foust	Wyatt Sexton
Charles Foust	Jane Shaffer
Karl Gebert	George Shaw
Eileen Gerace	Carolyn Strandquest
Brittany Goschey	Bob Stuenkel
Terry Goschey	Joyce Taylor

Michael Tiberg
Rita Ulicny
Isabelle van Sliedrecht
Lisa Warren
Larry Wenzl
Willie Williams
Jonathan Yawman
Michelle Zeigler
Jackie
Mason
Ron
Gretchen Knoblauch
Shirley London
Eddie DelloRusso
Jack Van Vlandereen
Hjordis Swenson
Sylvia McKnight
Tyler Koehn

#### Other needs

Ron Pruitt and family
Carol Holland
Michelle Lee
JoAnne Goschey
Our Vietnamese congregation
Pastor Nguyen
Garrian
Bryan
Kelly Brough and family
Jason Ask
Laura Newman
Lorenzo Hamilton
TLC Women's Center
Our child care ministry here at Trinity

#### For those Who Serve

Matt Ashburn
Paul Goethals
Christopher O'Dell
Lauren B
Rev. Jeremy Gorline
Laura Rossow
Brian Boisselle
Adam Inbody
Cpr. Royston
Joe Braneky
John Bradley Kane
Josh Shelly
James Bond
Robert J. Kasper
Jesse Steele
David Buck
Sam Lazarus
Lauren Stives
Mark Chamberlain
Dave Lucas
Corey Surber
Ronald Cohen
Richard Mast
John Ward
Will Cravens
Stephan Merlics
Marcus Ward
Andrew Darling
Chris Michaud
Adam Wilcox
Matthew Finton
Justin Niznik
Philip Grant

(Prayers continued on Page 12)

***Please contact the church office if any of the names of the prayer list are wrong or need to be taken off or added.***

**Prayers,** continued from page 11

**Thanksgiving and Celebrations**

- Thanksgiving for the safe and healthy birth of Eden Lam Ruach, son of Joseph and Nyabel Ruach, on 8/22.
- Joshua Mark Estes, grandson of Ed and Darlene Sabin, born prematurely and with some health concerns but doing well as his dad attends Concordia Seminary, St. Louis.
- We rejoice with Peter and Beth Prochnow on the safe and healthy birth of Natalie Elise Sunday morning. And we pray God's comfort for them as Natalie's twin sister, Joanna Grace, went to be with Jesus at birth.

**Peace and Comfort for Those who Mourn**

- The Troy Vogt Family, a friend of Gregg Yawman, lost their 14-year-old son William on August 8th to encephalitis. Please pray for God's work in their hearts.
- For Mary Hohman and family after the recent loss of Mary's father on August 20th.
- For the family and friends of Gerald Bentley, Grandpa of Christian and Tyler Bentley-Smith.
- For Vic Freudenburg's family over the loss of his brother Don.
- For the family and friends of Doug Gordon who recently passed away after fighting cancer for some time.
- For the family and friends of Joe Dubois, Rich Poole's grandfather, who passed away Wednesday September 5, 2007.
- For the Jim & Liz Borth, who lost their nephew Bobby Crislip on September 6th.

**Prayer Requests from our Neighbors**

- On July 29 our first prayer canvass was conducted by youth from the NLYG and Trinity members. The 50+ prayer requests are summarized here.
- We pray with general petition for the war in the middle east to end; for good leadership in our nation and city; for those suffering with cancer; for those who are homeless; for those who are recovering from surgery or illness that required hospitalization; we pray direction for those with career changes; we pray for wisdom, guidance and understanding of God's love; we pray that all people will come to know Jesus.
- We also pray specifically for Mavis' comfort as her mother is dying; for Landen who is living in China; for Ron's eye surgery and recovery; for Kay's stress as a care giver for her gravely ill husband; pray for a healthy pregnancy of two women; pray the newly wed friends have a long wedded life together; and for the Holy Spirit to stir the heart and soul of the atheist. We offer thanksgiving to God for blessings; good health; and family support.

**For the Homeless we Know by Name**

Justin Noonchester

Chris Thompson

Lewis Wilson

Veronica and Jonathan (10)

Paul Houston

Robert Caughey

***Please contact the church office if any of the names of the prayer list are wrong or need to be taken off or added.***

## Anniversaries & Birthdays

The following people who were born or married in October. We thank the Lord for His great gifts of life & love! **If there is a mistake or we have missed you, please let us know so we can update our records.**

Oct 1	Blackwood, David	Birthday	Oct 8	Alvarado, Michele	Birthday
Oct 1	Castro, Christen	Birthday	Oct 8	D'Angelillo, Catherine	Birthday
Oct 1	Hey, Matthew	Birthday	Oct 8	Haney, David	Birthday
Oct 1	Hofmann-Midence, Ashley	Birthday	Oct 9	Becker, Christina & John A.	Anniversary
Oct 1	Pfantz, Martha	Birthday	Oct 9	Glover, Jr., Dennis	Birthday
Oct 1	Regan, Nicole	Birthday	Oct 9	Gonzalez, Laurie	Birthday
Oct 1	Vaughan, Dawn & Bob	Anniversary	Oct 9	Southerland, Marsha	Birthday
Oct 2	Gavin, Joanie	Birthday	Oct 9	Trapp, Robert E.	Birthday
Oct 2	Jenkins, Robert	Birthday	Oct 9	Wasielewski, Cynthia	Birthday
Oct 2	Lange, Parker	Birthday	Oct 10	Alvarado, Karen	Birthday
Oct 2	Middleton, David	Birthday	Oct 10	Hearn-Hoover, Matthew	Birthday
Oct 2	Rash, Troy	Birthday	Oct 10	Jones, James & Lena	Anniversary
Oct 2	Sharp, Sarah & William	Anniversary	Oct 10	Kottke, Ruth	Birthday
Oct 2	Sievers, Mark	Birthday	Oct 10	Levinson, John	Birthday
Oct 2	Sievers, Susan	Birthday	Oct 10	Ramirez, Lorenzo	Birthday
Oct 3	Hahn, Bruce & Bonnie	Anniversary	Oct 10	Rayburn, Nicholas	Birthday
Oct 3	Phillips, Lorenzo & Joyce	Anniversary	Oct 11	Crowell, Virgil	Birthday
Oct 3	Rawlings, Katherine	Birthday	Oct 11	Gipson, Cole	Birthday
Oct 3	Sands, Eric	Birthday	Oct 11	Hammerstrom, Anders	Birthday
Oct 3	Toth, Adrienne & Donald	Anniversary	Oct 11	Hammerstrom, Shannon	Birthday
Oct 3	Tzuanos, Jo Anne & John	Anniversary	Oct 11	Hoevenaer, Delaney	Birthday
Oct 4	Hagerman, Robert	Birthday	Oct 11	McConnell, James	Birthday
Oct 4	Hansen, Jeff & Crystal	Anniversary	Oct 11	Zalman, Helen	Birthday
Oct 4	Horton, Andrew	Birthday	Oct 12	Bongianni, Cynthia	Birthday
Oct 4	Keene, Jim & Cynthia	Anniversary	Oct 12	Cameron-Hicks, Julia	Birthday
Oct 4	O'Rourke, Richard & Stacey	Anniversary	Oct 12	Cobb, Kenneth & Abbey	Anniversary
Oct 5	Friedel, Angie	Birthday	Oct 12	Heumann, Esther	Birthday
Oct 5	Gatti, Joey	Birthday	Oct 12	Meadows, Benjamin	Birthday
Oct 5	Munoz, Beverly	Birthday	Oct 12	Sarubbi, Douglas & Wendy	Anniversary
Oct 5	Savallisch, Diana	Birthday	Oct 12	Woideck, Alan	Birthday
Oct 6	Collier, Marc	Birthday	Oct 13	Bermudez, Isabel	Birthday
Oct 6	Driggers, Andrea	Birthday	Oct 13	Boyle, Ryan	Birthday
Oct 6	Madlinger, Rose	Birthday	Oct 13	George, Brandi	Birthday
Oct 6	Naputi, Jessica	Birthday	Oct 13	Levine, Roy	Birthday
Oct 6	Zastawney, Christopher	Birthday	Oct 13	Smalley, Shanon	Birthday
Oct 7	Anderson, Doug & Lynda	Anniversary	Oct 13	Willson, William	Birthday
Oct 7	Bowman, Troy & Kristy	Anniversary	Oct 14	Bowman, Christina	Birthday
Oct 7	Finger, Terri	Birthday	Oct 14	Bronson, Marla & Tony	Anniversary
Oct 7	Guy, David	Birthday	Oct 14	Lanier, John & Karen	Anniversary
Oct 7	Raymond, Harry	Birthday	Oct 14	Mayer, Irene	Birthday
Oct 7	Weber, Kristina	Birthday	Oct 14	Phinney, Robert & Karen	Anniversary
			Oct 14	Rossy, Jack	Birthday
			Oct 14	Short, Brent	Birthday
			Oct 15	Gipson, Greg	Birthday
			Oct 15	Hahn, Bruce	Birthday
			Oct 15	Kunster, Anna	Birthday
			Oct 15	O'Rourke, Gary	Birthday
			Oct 15	Picard, Lamercie	Birthday

**Birthdays**, continued from page 13

Oct 15	Rader, Patricia & Todd	Anniversary	Oct 23	Stuendel, Robert	Birthday
Oct 15	Schroeder, Peggy	Birthday	Oct 24	Drake, Janet	Birthday
Oct 15	Stanhope, Earle	Birthday	Oct 24	Gavin, Darryl & Stephanie	Anniversary
Oct 15	Wolfe, Kent	Birthday	Oct 24	Sabin, Darlene	Birthday
Oct 15	Zavitz, Mackendrick	Birthday	Oct 24	Schweer, Paul & Cheryl	Anniversary
Oct 16	Estus, Louise	Birthday	Oct 24	Velez, Felicia	Birthday
Oct 16	Friedel, Angie & Martin	Anniversary	Oct 25	Boogher, Anna	Birthday
Oct 16	Hecht, Mary	Birthday	Oct 25	Bruno, Stephen	Birthday
Oct 16	Ogg, Sandy	Birthday	Oct 25	Dunnican-Breter, Tara	Birthday
Oct 16	Reyes, Carin	Birthday	Oct 25	Oakley, Lisa	Birthday
Oct 16	Rossy, Jake	Birthday	Oct 25	Pearson, Clark	Birthday
Oct 16	Schillings, Gloria	Birthday	Oct 25	Schroeder, Carl	Birthday
Oct 16	Simmons, David & Catherine	Anniversary	Oct 26	Anderson, Kim	Birthday
Oct 17	Aber, Kathy	Birthday	Oct 26	Bowman, Tiffany	Birthday
Oct 17	Arnett, Charlie	Birthday	Oct 26	Jones, IV, Thomas	Birthday
Oct 17	Boggs, Kenneth	Birthday	Oct 26	Morris, Jerry & Linda	Anniversary
Oct 18	Barnes, Erik	Birthday	Oct 26	Phinney, Karen	Birthday
Oct 18	Cuttler, Diana	Birthday	Oct 26	Ponik, Kevin	Birthday
Oct 18	Dees, Christa	Birthday	Oct 26	Rhoads, Myrtle	Birthday
Oct 18	Kunster, Gilbert	Birthday	Oct 26	Schumacher, Matthew	Birthday
Oct 18	Scaletta, Melissa	Birthday	Oct 26	Toth, Adrienne	Birthday
Oct 18	Wilson, Sandy	Birthday	Oct 27	Blackwood, Deb	Birthday
Oct 19	Detwiler-Wilde, Amy & Tim Wilde	Anniversary	Oct 27	Heaton-Alexander, Cathy	Birthday
Oct 19	Friedel, Joshua	Birthday	Oct 27	Retzlaff, Catherine	Birthday
Oct 19	Knutson, Kian	Birthday	Oct 27	Trapp, Robert & Anne	Anniversary
Oct 20	Dworkin, Paul	Birthday	Oct 28	Collins, Martin	Birthday
Oct 20	Gibson-Weaver, Carley	Birthday	Oct 28	Dworkin, Rachel	Birthday
Oct 20	Hill, Justin	Birthday	Oct 28	Sweatt, Bradley	Birthday
Oct 20	Lemcke, Rachel	Birthday	Oct 28	Tayloe, Ricky	Birthday
Oct 20	Luce, Andrew	Birthday	Oct 28	Wolbert, Kristin	Birthday
Oct 21	Cobb, Bradley	Birthday	Oct 29	Beier, Preston	Birthday
Oct 21	Dunnican-Breter, Tara & Robert Breter	Anniversary	Oct 29	Clausen, Donald & Mary	Anniversary
Oct 21	Holshek, Shirley & George	Anniversary	Oct 29	Deetz, Audrey	Birthday
Oct 21	Jorgensen, Dana	Birthday	Oct 29	Grover, Diann	Birthday
Oct 21	Retzlaff, Vernon	Birthday	Oct 29	Hill, Jared	Birthday
Oct 22	D'Angelillo, Aaron	Birthday	Oct 29	Raymond, Lois	Birthday
Oct 22	Horton, Bradley	Birthday	Oct 29	Shultz, Valerie	Birthday
Oct 22	Wilkosz, David & Gail	Anniversary	Oct 29	Speelman, Walter	Birthday
Oct 23	Bruno, Stephen & Rosaida	Anniversary	Oct 30	Barfield, Troy	Birthday
Oct 23	Carter, Nicolas	Birthday	Oct 30	Docton, Claire	Birthday
Oct 23	Fairchild, John	Birthday	Oct 30	Sarubbi, Megan	Birthday
Oct 23	McCoy, Lisa & Brian Buchner	Anniversary	Oct 30	Traugott, Betty	Birthday
			Oct 31	Alvarado, Allen	Birthday
			Oct 31	Bond, Gaye	Birthday

# Seeding Health and Hope

A Monthly Health Ministry Resource  
For Congregations

Vol. 10, no. 10 October 2007



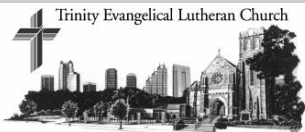
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## Trick or Teeth

Candy is abundantly stocked on the supermarket shelves this season. Can't you just hear your mother saying, "All that candy will rot your teeth!" Maintaining good oral health may seem tricky sometimes. The Centers for Disease Control and Prevention offer the following ways you and your family can maintain good oral health:

- ☞ Prevent the gum disease gingivitis with thorough tooth brushing and flossing to remove dental plaque.
- ☞ Drink fluoridated water and use fluoride toothpaste to protect against tooth decay.
- ☞ Avoid using tobacco in any form. Using tobacco increases your risk of gum disease, oral cancer, throat cancer and oral fungal infection (candidiasis).
- ☞ Decrease your risk for oral and throat cancers by limiting alcohol intake.
- ☞ Avoid sugary and starchy snacks and snack less often throughout the day.
- ☞ Stimulate salivary flow by eating the recommended five servings-a-day of fiber-rich fruits and vegetables to help in the remineralization of tooth surfaces with early stages of tooth decay.
- ☞ Visit your dentist and have professional tooth cleanings regularly to catch oral health problems for treatment and to prevent future problems from occurring.
- ☞ If you are diabetic, maintaining control of the disease decreases your risk of gum disease.
- ☞ If you experience dry mouth from medications, discuss with your doctor other drugs that may be substituted. If you can't avoid dry mouth, drink plenty of water, chew sugarless gum, and avoid tobacco and alcohol.
- ☞ Get an oral check-up before starting cancer treatment. Treatments such as radiation to the head or neck and/or chemotherapy may cause oral health problems. By treating existing oral health problems before cancer therapy you may prevent or limit oral complications or tissue damage.

Adapted from "Resource Library Fact Sheet: Oral Health for Adults." The Centers for Disease Control and Prevention. Available at <http://www.cdc.gov/OralHealth/factsheets/adult.htm>



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*OUR MISSION is to proclaim the  
Gospel of Jesus Christ through  
ministries which strengthen and  
equip people for Christian witness  
and service in downtown,  
metropolitan Orlando  
and the world!*

**“How beautiful are the feet of those who bring Good News.”**

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